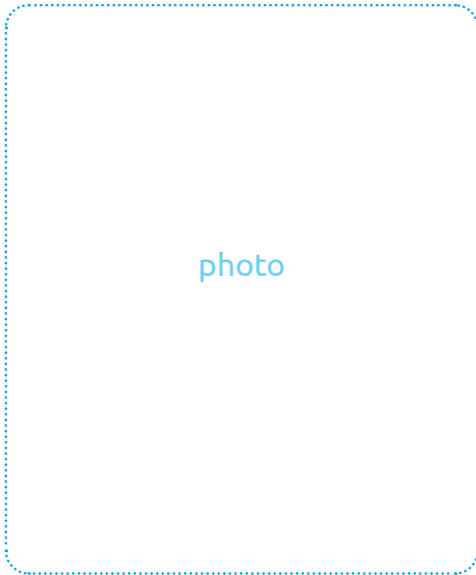


Who I am

About me



My name:

My first contact:

My second contact:

- Idea: Bring this information along when you go to hospital.
- Idea: Share these pages with your healthcare provider to help understand who you are.
- Idea: Discuss your answers with your loved ones.



I live in _____ :



Relationship status: _____



My (grand)children: _____



My profession : _____

Retired



My religion/faith : _____

Get to know me:

I like to listen to _____

I like to watch _____

I love to eat _____

Who I am

About me

I dislike in food

My hobbies are

I know a lot about

If I'm not happy, you will notice it by

I relax with

Things that power me up

Handwriting practice area for 'Things that power me up' with 12 horizontal dotted lines.



Things that drain my energy

Handwriting practice area for 'Things that drain my energy' with 12 horizontal dotted lines.